

LOVIST ACTION PLAN



Intend a partnership with love.

What is your heartfelt intention for partnering with love today?



Give direction to your love.

Who or what are you choosing to send your loving energy toward?



Take action with pro-motion.

What specific act of love are you guided to put in motion?



Be in alignment with love.

*What feedback—internal or external—would
let you know if you are in sync with love?*



Express gratitude.

How will you honor and appreciate the love that flows through you?